

# SEPTEMBER 2024 LUNCH & SNACK MENU

 <p><b>No School</b></p>	<p><b>Creole Macaroni, Roll, Corn, Pears</b></p> <p>AM: Kix (WG) &amp; Milk PM: Naan Bread &amp; Sliced Cheese</p>	<p><b>Sweet &amp; Sour Pork, Hapa Rice, Green Beans, Orange Wedges</b></p> <p>AM: Pretzels (WG) &amp; Milk PM: Fruit &amp; String Cheese</p>	<p><b>Cheese Toast Sandwich, Green Beans, Apple Sauce</b></p> <p>AM: Strawberry Muffin, Milk PM: Wheat Thins (WG) &amp; Tuna</p>	<p><b>Chicken Ritz Casserole, Rice, Peas, Fruit Cocktail</b></p> <p>AM: Carrots &amp; Apples PM: Gold Fish (WG) &amp; Juice</p>
<p><b>Meat loaf, Hapa Rice, Green Beans, Applesauce</b></p> <p>AM: Frosted Mini Wheats (WG) &amp; Milk PM: Graham Crackers &amp; Fruit</p>	<p><b>Chef Salad w/Deli Meat, W/Roll, Banana</b></p> <p>AM: Cottage Cheese &amp; Peaches PM: Triscuits (WG) &amp; Cheese</p>	<p><b>Meatballs w/Gravy &amp; Noodles, Roll, Apple Sauce</b></p> <p>AM: Chex Cereal (WG) &amp; Milk PM: Go-Gurt and Fruit</p>	<p><b>Ham &amp; Cheese Sandwich, Cucumber, Banana</b></p> <p>AM: Blueberry Muffin &amp; Milk PM: Ritz Crackers (WG) &amp; Cheese</p>	<p><b>Cheese Pizza, Peas &amp; Carrots, Apple Slices</b></p> <p>AM: Cheerios (WG) &amp; Milk PM: Cheez-Its &amp; Milk</p>
<p><b>Shoyu Chicken, Hapa Rice, Broccoli, Peaches</b></p> <p>AM: Naan Bread &amp; Hummus PM: Triscuits (WG) &amp; Cheese</p>	<p><b>Beef Stew w/Veggies &amp; Hapa Rice, Pears</b></p> <p>AM: Cheerios (WG) &amp; Milk PM: Cantaloupe &amp; Celery Sticks</p>	<p><b>Ham Mac &amp; Cheese w/ Biscuit, Peas, Banana</b></p> <p>AM: Clementines &amp; Milk PM: Rice Cakes (WG) &amp; Juice</p>	<p><b>Chicken Salad Sandwich, Celery &amp; Carrots, Apple Slices</b></p> <p>AM: Pineapple Muffin, Milk PM: Cheez-its (WG) &amp; Apple</p>	<p><b>Hot Dog Spaghetti, Roll, Peas, Fruit Cocktail</b></p> <p>AM: Graham Crackers (WG) &amp; Milk PM: Egg Roll, Juice</p>
<p><b>Turkey &amp; Cheese Sandwich, Cucumbers, Banana</b></p> <p>AM: Goldfish (WG), Milk PM: Apples &amp; Carrots</p>	<p><b>Beefy Nachos, Mixed Vegetables, Pears</b></p> <p>AM: Cucumbers &amp; Apples PM: Wheat Thins (WG) &amp; Tuna</p>	<p><b>Chicken Caesar Salad, WWBread, Banana</b></p> <p>AM: Fruit &amp; String Cheese PM: Pub Mix (WG) &amp; Juice</p>	<p><b>Cheeseburger on Bun, Lettuce &amp; Tomato, Pears</b></p> <p>AM: Banana Bread &amp; Milk PM: Triscuit Thins (WG) &amp; Cheese</p>	<p><b>Ham, Potato &amp; Corn Chowder, Roll, Pineapple Chunks</b></p> <p>AM: Ritz Crackers (WG) &amp; Milk PM: Tortilla Chips &amp; Nacho Cheese, Juice</p>
<p><b>Chicken Quesadilla, Green Beans, Pears</b></p> <p>AM: Cottage Cheese &amp; Peaches PM: Pretzels (WG) &amp; Milk</p>	<p><i>For He satisfies the thirsty and fills the hungry with good things.</i> <i>Psalm 107:9</i></p> <p>*Milk is served with ALL lunches *WG: Whole Grain / WW: Whole Wheat * Condiments to be served on side (i.e., mayo, dressing) * Menu subject to change. Updated: 08/18/24</p>			