

# FEBRUARY 2023 LUNCH & SNACK MENU

		1 Meatball Stroganoff, Mashed Potatoes, Applesauce, Gravy, WW Roll AM Snack: Oatmeal Squares & Milk PM Snack: Cheez-Its & Milk	2 Chicken & Broccoli Casserole, Banana, Peas AM Snack: Cheerios & Milk PM Snack: Cottage Cheese & Peaches	3 Ham, Potato & Corn Chowder, WW Roll, Pineapple Chunks AM Snack: Go-gurt & Fruit PM Snack: Chex Mix & Milk
6 Creole Macaroni (WG), WW Roll, Applesauce, Corn AM Snack: Kix Cereal & Milk PM Snack: Triscuits & Cheese	7 Turkey & Cheese Sandwich, Banana, Cucumber AM Snack: Carrots & Apples PM Snack: Pub Mix & Juice	8 Pork & Peas (Guisantes), Hapa Rice, Orange Wedges AM Snack: Cheez-Its & Milk PM Snack: String Cheese & Fruit	9 Beef Lasagna, Fruit Cocktail, Side Salad AM Snack: Blueberry Muffin & Milk PM Snack: Ritz Crackers & Milk	10 Volcano Tots w/ Biscuit, Pears, Salad AM Snack: Bagel & Cream Cheese PM Snack: Wheat Thins & Tuna
13 Chicken Nuggets, Hapa Rice, Apple Slices, Broccoli AM Snack: Kix Cereal & Milk PM Snack: Pretzels & Milk	14 BBQ Pork on Bun, Peaches, Cole Slaw AM Snack: Pretzels & Milk PM Snack: Cheerios & Milk	15 Chicken Curry, Hapa Rice, Orange Wedges, Green Beans AM Snack: Zucchini Bread & Milk PM Snack: Go-gurt & Fruit	16 Taco Salad w/ Corn Chips, Peaches AM Snack: Banana Bread & Milk PM Snack: Tortilla Chips & Cheese, 100% Juice	17 Cheeseburger on Bun, Apples, Carrots AM Snack: Goldfish & Milk PM Snack: Animal Crackers & Milk
20 PRESIDENTS' DAY (CAMPUS CLOSED)	21 Hot Dog on Bun, Cucumber sticks, Banana AM Snack: Blueberry Muffin & Milk PM Snack: Teddy Grahams (Honey) & Milk	22 Chicken Caesar Salad, WW Roll, Orange Wedges AM Snack: Frosted Mini Wheats & Milk PM Snack: Triscuits & Cheese	23 French Bread Cheese Pizza, Apple Slices, Peas AM Snack: Ritz Crackers & Milk PM Snack: Fruit and String Cheese	24 Hamburger Spaghetti, WW Roll, Fruit Cocktail, Peas AM Snack: Bagel & Cream Cheese PM Snack: Wheat Thins & Tuna
27 Chicken Chop Suey, Hapa Rice, Orange Wedges AM Snack: Apples and Carrots PM Snack: Teddy Grahams (Chocolate) & Fruit	28 Chicken Quesadilla, Pears, Green Beans AM Snack: Strawberry Muffin & Milk PM Snack: Rice Cake & Fruit	<p><i>For He satisfies the thirsty and fills the hungry with good things. Psalm 107:9</i></p> <p>* Milk is served with ALL lunches * WG: Whole Grain / WW: Whole Wheat * Condiments to be served on side (i.e., mayo, dressing) * Menu subject to change. Updated: 1/23/23</p>		