

# JUNE 2023 LUNCH & SNACK MENU

5 Cheese Toast Sandwich, Diced Pears, Green Peas AM Snack: Ritz Crackers & Milk PM Snack: Pub Mix & Juice	6 BBQ Chicken on Bun, Sliced Peaches, Salad AM Snack: Oatmeal Squares & Milk PM Snack: Wheat Thins & Tuna	7 Chicken Long Rice, Hapa Rice, Orange Wedges, Green Beans AM Snack: Frosted Mini Wheats & Milk PM Snack: Cottage Cheese & Peaches	8 Tuna Sandwich, Banana, Baby Carrots AM Snack: Kix Cereal & Milk PM Snack: Go-gurt & Fruit	9 Beefy Nachos w/ Corn Chips, Diced Pears, Salad AM Snack: Cheerios & Milk PM Snack: Triscuits & Cheese
12 <b>KAMEHAMEHA DAY CAMPUS CLOSED</b>	13 Chili and Hapa Rice, Apple Sauce, Corn AM Snack: Bagel & Cream Cheese PM Snack: Pretzels & Milk	14 Egg Fried Rice, Peaches, Celery and Mini Carrots AM Snack: Mini Wheats & Milk PM Snack: String Cheese & Banana	15 Beef Stroganoff, Applesauce, WW Roll, Green Beans AM Snack: Kix & Milk PM Snack: Wheat Thins & Tuna	16 Hot Dog on Bun, Banana, Baby Carrots AM Snack: Chex Mix & Milk PM Snack: Honey Teddy Grahams & Milk
19 <b>JUNETEENTH HOLIDAY CAMPUS CLOSED</b>	20 Ham Mac & Cheese, Banana, Green Peas AM Snack: Cheerios & Milk PM Snack: Tortilla Chips & Nacho Cheese, 100% Juice	21 Beef Lasagna, Fruit Cocktail, Salad AM Snack: Bagel & Cream Cheese PM Snack: Wheat Thins & Milk	22 Cheese & Turkey Sandwich, Banana, Baby Carrots AM Snack: Ritz Crackers & Milk PM Snack: Rice Cake & Banana	23 Spam Musubi, Apples, Carrots AM Snack: Goldfish & Milk PM Snack: Go-Gurt & Fruit
26 French Bread Cheese Pizza, Apple Slices, Peas AM Snack: Ritz Crackers & Milk PM Snack: Fruit and String Cheese	27 Chef Salad w/ Deli Meat, Sliced Apples, WW Roll AM Snack: Kix & Milk PM Snack: Chocolate Teddy Grahams & Banana	28 Chicken Nuggets, Hapa Rice, Apple Sauce, Broccoli AM Snack: Cheez-Its & Milk PM Snack: Carrots & Apples	29 Hot Dog Spaghetti, WW Roll, Fruit Cocktail, Peas AM Snack: Cheerios & Milk PM Snack: Triscuits & Cheese	30 Cheeseburger on Bun, Apples, Carrots AM Snack: Pretzels & Milk PM Snack: Go-gurt & Banana

*For He satisfies the thirsty and fills the hungry with good things.*

*Psalm 107:9*

\* Milk is served with ALL lunches \* WG: Whole Grain / WW: Whole Wheat \* Condiments to be served on side (i.e., mayo, dressing)

\* Menu subject to change with or without notice. Should any unforeseen changes occur after original menu publication, updates are in bold. Updated: 05/25 /2023